

**Birmingham Bible Church**  
**Dr. James H. Mason, III, Senior Pastor**  
**Reconstructing Your Relationships Conference**

**February 27, 2021**

**Dr. Kerwin B. and First Lady Yolanda T. Lee, Facilitators**

**I. Major Marriage Busters**

*Listed below are unfavorable factors that can cause friction between spouses.*

1.     **Separateness**     - Operating more as two distinct individuals instead of one married couple.

**Mark 3:25**

*"If a house is divided against itself, that house cannot stand." (NIV)*

2.     **Selfishness**     - Focusing primarily on yourself instead of your spouse.

**Luke 12:18**

*"And he said, This will I do: I will pull down my barns, and build greater; and there will I bestow all my fruits and my goods." (KJV)*

3.     **Stubbornness**     - Resisting change or seeing things from a different perspective.

**Hebrews 3:15**

*"This is what the Scripture says: "Today listen to what he says. Do not be stubborn as in the past when you turned against God." (NCV)*

4.     **Slothfulness**     - Refusing to do your part to make the marriage work.

**Proverbs 13:4**

*"The lazy will not get what they want, but those who work hard will." (NCV)*

5.     **Sulkiness**     - Possessing a negative attitude and an unwillingness to be cooperative or cheerful.

**Proverbs 17:22**

*"A cheerful disposition is good for your health; gloom and doom leave you bone-tired." (NIV)*

**Notes:**

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## II. Major Marriage Builders

Listed below are favorable factors that can strengthen the relationship between spouses.

1. Sacrifice - A willingness to be inconvenienced for your spouse.

### **Ephesians 5:25**

*“And you husbands, show the same kind of love to your wives as Christ showed to the Church when he died for her.” (TLB)*

2. Service - A willingness to perform tasks and handle projects on behalf of your spouse.

### **Ephesians 5:33**

*“However, each man among you [without exception] is to love his wife as his very own self [with behavior worthy of respect and esteem, always seeking the best for her with an attitude of lovingkindness], and the wife [must see to it] that she respects and delights in her husband [that she notices him and prefers him and treats him with loving concern, treasuring him, honoring him, and holding him dear].” (AMP)*

3. Support - A willingness to provide assistance and encouragement to your spouse.

### **Genesis 2:18**

*“And the Lord God said, It is not good that the man should be alone; I will make him an help meet for him.” (KJV)*

4. Submission - A willingness to yield to the authority, ideas and requests of your spouse.

### **Ephesians 5:21**

*“Honor Christ by submitting to each other.” (TLB)*

5. Sex - A willingness to fulfill the intimate and physical needs of your spouse.

### **1 Corinthians 7:3**

*“The husband should fulfill his wife’s sexual needs, and the wife should fulfill her husband’s needs.” (NLT)*

### **Notes:**

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