

Series: Spring Cleaning

Title: Getting Rid of Temptation



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“Therefore let the one who thinks he stands firm [immune to temptation, being overconfident and self-righteous], take care that he does not fall [into sin and condemnation]. No temptation [regardless of its source] has overtaken or enticed you that is not common to human experience [nor is any temptation unusual or beyond human resistance]; but God is faithful [to His word—He is compassionate and trustworthy], and He will not let you be tempted beyond your ability [to resist], but along with the temptation He [has in the past and is now and] will [always] provide the way out as well, so that you will be able to endure it [without yielding, and will overcome temptation with joy].”

(1 Corinthians 10:12-13 AMP)

<https://bible.com/bible/1588/1co.10.12-13.AMP>

I.

“Therefore let the one who thinks he stands firm [immune to temptation, being overconfident and self-righteous], take care that he does not fall [into sin and condemnation].”

(1 Corinthians 10:12 AMP)

<https://bible.com/bible/1588/1co.10.12.AMP>

II.

“No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.”

(1 Corinthians 10:13 NIV)

<https://bible.com/bible/111/1co.10.13.NIV>

“No test or temptation that comes your way is beyond the course of what others have had to face. All you need to remember is that God will never let you down; he’ll never let you be pushed past your limit; he’ll always be there to help you come through it.”

(1 Corinthians 10:13 MSG)

<https://bible.com/bible/97/1co.10.13.MSG>

A. I'm not the only one dealing with temptation.

B. The Bible is full of people that dealt with temptation.

III.

“No temptation [regardless of its source] has overtaken or enticed you that is not common to human experience [nor is any temptation unusual or beyond human resistance]; but God is faithful [to His word—He is compassionate and trustworthy], and He will not let you be tempted beyond your ability [to resist], but along with the temptation He [has in the past and is now and] will [always] provide the way out as well, so that you will be able to endure it [without yielding, and will overcome

temptation with joy].”

(1 Corinthians 10:13 AMP)

<https://bible.com/bible/1588/1co.10.13.AMP>

A. What’s used to tempt us?

- The World
- The Flesh
- The Devil

B. Who helps us to overcome temptation?

“For we do not want you to be uninformed, brothers and sisters, about our trouble in [the west coast province of] Asia [Minor], how we were utterly weighed down, beyond our strength, so that we despaired even of life [itself]. Indeed, we felt within ourselves that we had received the sentence of death [and were convinced that we would die, but this happened] so that we would not trust in ourselves, **but in God who raises the dead. He rescued us from so great a threat of death, and will continue to rescue us. On Him we have set our hope. And He will again rescue us [from danger and draw us near],”**

(2 Corinthians 1:8-10 AMP)

<https://bible.com/bible/1588/2co.1.8-10.AMP>

4 Ways To Get Rid Of Temptation:

Flee

“Run away from sexual immorality [in any form, whether thought or behavior, whether visual or written]. Every other sin that a man commits is outside the body, but the one who is sexually immoral sins against his own body.”

(1 Corinthians 6:18 AMP)

<https://bible.com/bible/1588/1co.6.18.AMP>

“Run away from youthful lusts—pursue righteousness, faith, love, and peace with those [believers] who call on the Lord out of a pure heart.”

(2 Timothy 2:22 AMP)

<https://bible.com/bible/1588/2ti.2.22.AMP>

“For the love of money [that is, the greedy desire for it and the willingness to gain it unethically] is a root of all sorts of evil, and some by longing for it have wandered away from the faith and pierced themselves [through and through] with many sorrows. But as for you, O man of God, flee from these things; aim at and pursue righteousness [true goodness, moral conformity to the character of God], godliness [the fear of God], faith, love, steadfastness, and gentleness.”

(1 Timothy 6:10-11 AMP)

<https://bible.com/bible/1588/1ti.6.10-11.AMP>

Faith

“For everyone born of God is victorious and overcomes the world; and this is the victory that has conquered and overcome the world—our [continuing, persistent] faith [in Jesus the Son of God].”

(1 John 5:4 AMP)

<https://bible.com/bible/1588/1jn.5.4.AMP>

Look to Jesus

“Do not love the world [of sin that opposes God and His precepts], nor the things that are in the world. If anyone loves the world, the love of the Father is not in him.”

(1 John 2:15 AMP)

<https://bible.com/bible/1588/1jn.2.15.AMP>

Fight

“Fight the good fight of the faith [in the conflict with evil]; take hold of the eternal life to which you were called, and [for which] you made the good confession [of faith] in the presence of many witnesses.”

(1 Timothy 6:12 AMP)

<https://bible.com/bible/1588/1ti.6.12.AMP>

“So submit to [the authority of] God. Resist the devil [stand firm against him] and he will flee from you.”

(James 4:7 AMP)

<https://bible.com/bible/1588/jas.4.7.AMP>

“And they overcame and conquered **him** because of **the blood of the Lamb** and **because of the word of their testimony**, for they did not love their life and renounce **their faith** even when faced with death.”

(Revelation 12:11 AMP)

<https://bible.com/bible/1588/rev.12.11.AMP>

“War broke out in Heaven. Michael and his Angels fought the Dragon. The Dragon and his Angels fought back, but were no match for Michael. They were cleared out of Heaven, not a sign of them left. The great Dragon—ancient Serpent, the one called Devil and Satan, the one who led the whole earth astray—thrown out, and all his Angels thrown out with him, thrown down to earth. Then I heard a strong voice out of Heaven saying, Salvation and power are established! Kingdom of our God, authority of his Messiah! The Accuser of our brothers and sisters thrown out, who accused them day and night before God. **They defeated him through the blood of the Lamb and the bold word of their witness. They weren't in love with themselves; they were willing to die for Christ.** So rejoice, O Heavens, and all who live there, but doom to earth and sea, For the Devil's come

down on you with both feet; he's had a great fall; He's wild and raging with anger; he hasn't much time and he knows it."

(Revelation 12:7-12 MSG)

<https://bible.com/bible/97/rev.12.7-12.MSG>

Fellowship

"This is the message [of God's promised revelation] which we have heard from Him and now announce to you, that God is Light [He is holy, His message is truthful, He is perfect in righteousness], and in Him there is no darkness at all [no sin, no wickedness, no imperfection].

If we say that we have fellowship with Him and yet walk in the darkness [of sin], we lie and do not practice the truth; but if we [really] walk in the Light [that is, live each and every day in conformity with the precepts of God], as He Himself is in the Light, we have [true, unbroken] fellowship with one another [He with us, and we with Him], and the blood of Jesus His Son cleanses us from all sin [by erasing the stain of sin, keeping us cleansed from sin in all its forms and manifestations]."

(1 John 1:5-7 AMP)

<https://bible.com/bible/1588/1jn.1.5-7.AMP>

Fervent Praying

“And do not lead us into temptation, but deliver us from evil. [For Yours is the kingdom and the power and the glory forever. Amen.]”

(Matthew 6:13 AMP)

<https://bible.com/bible/1588/mat.6.13.AMP>

“Keep actively watching and praying that you may not come into temptation; the spirit is willing, but the body is weak.”

(Matthew 26:41 AMP)

<https://bible.com/bible/1588/mat.26.41.AMP>

Yield not to temptation,
For yielding is sin;
Each vict'ry will help you,
Some other to win;
Fight valiantly onward,
Evil passions subdue;
Look ever to Jesus,
He will carry you through.

Refrain:

Ask the Savior to help you,
Comfort, strengthen and keep you;

He is willing to aid you,
He will carry you through.

2 Shun evil companions,
Bad language disdain;
God's name hold in rev'ence,
Nor take it in vain;
Be thoughtful and earnest,
Kindhearted and true;
Look ever to Jesus,
He will carry you through. [Refrain]

3 To him that o'ercometh,
God giveth a crown;
Through faith we will conquer,
Though often cast down;
He who is our Savior,
Our strength will renew;
Look ever to Jesus,
He will carry you through. [Refrain]

Source: [One Lord, One Faith, One Baptism: an African American ecumenical hymnal #540](#)

Satan, I plead the blood against you, the word against you and my Lord Jesus Christ against you. I resist you in the name of God almighty and in the name of Jesus get out of here and leave me alone.

Answer Key:

I. Remember that you aren't immune to temptation.

II. Realize that you're not the only one who deals with temptation.

III. Rely on your source to help you deal with temptation.

What is the Holy Spirit saying to me through this message?
